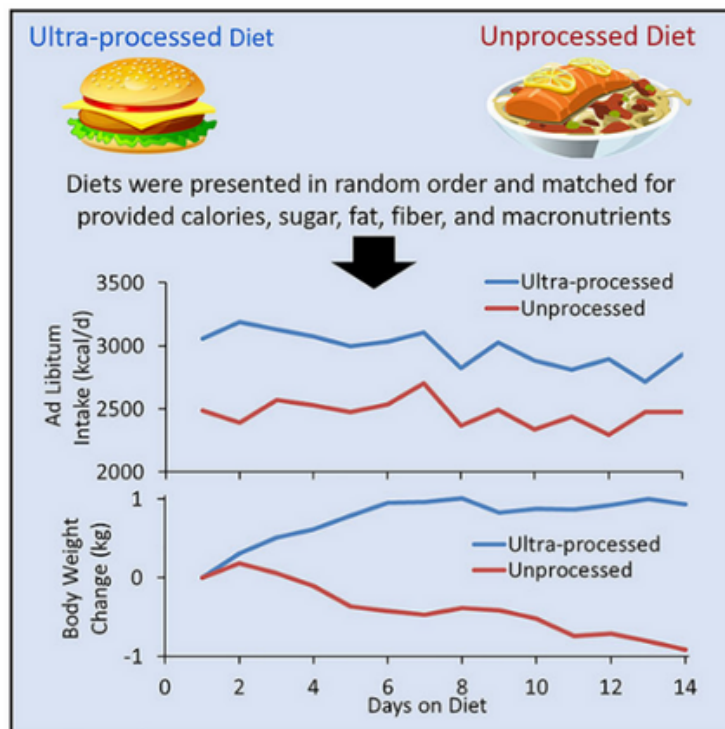


Grafiken Lektion 1



Hall, Kevin D et al. "Ultra-Processed Diets Cause Excess Calorie Intake and Weight Gain: An Inpatient Randomized Controlled Trial of Ad Libitum Food Intake." *Cell metabolism* vol. 30,1 (2019): 67-77.e3. doi:10.1016/j.cmet.2019.05.008



- Spezifisch
- Messbar
- Ausführbar
- Realistisch
- Terminiert